

Home Learning: Kindergarten March 30th-April 10th

Good morning kindergartens and parents! Here are your tasks for the next two weeks. Feel free to do the activities in whatever order you wish and don't feel like you need to complete every task provided every day. I recommend doing one Literacy, Math, and Social Emotional Learning task a day. Science, Socials, and music do not to be done everyday. I recommend alternating between the subjects.

English Language Arts

<i>Learning Activity</i>	<i>Instructions</i>	<i>Considerations</i>
<p>Read a book or have a sibling read to your child</p>	<p>Daily reading is important for building lifelong readers. If you run out of stories to read at home there are some great online options.</p> <p>Celebrity read alouds- https://www.youtube.com/user/StorylineOnline/videos E-books https://www.tumblebooklibrary.com/Home.aspx?categoryID=77</p>	<p>As you read, ask these questions:</p> <ul style="list-style-type: none"> ● Who's in the story? ● What are they doing? ● What do you think will happen next? ● Where does the story take place? ● How does the story make you feel?
<p>Printing</p>	<p>Practice writing first and last name. this can be done with:</p> <ul style="list-style-type: none"> ● plain old paper and pencil ● white board or chalkboard ● playdough (you can use a pencil to write in the playdough or form the letters from the playdough) ● use a stick to write in the mud/sand ● try using different writing implements like a highlighter, marker, paint, etc. ● if you have watercolor paints, your child can write their name in white crayon and paint over it 	<p>Some children are able to do this independently without looking at their name, others will need more support. This supports can include:</p> <ul style="list-style-type: none"> ● writing your child's first and last name for your child to refer to while printing. ● write their name for them and have them trace over it with marker or highlighter ● Watch how your child holds their pencil. This video is a great resource on proper pencil grip https://youtu.be/Eq6ggYR-aeY

		<ul style="list-style-type: none"> • Proper letter formation: https://www.sightwordsgame.com/writing/handwriting/
Phonics	<p>Focus on one letter a day. I follow the order from Jolly phonics. The letters for the next two weeks: S, A, T, I, P, N, C, K, E, H.</p> <ul style="list-style-type: none"> • Introduce the letter name and its sound. See if your child can remember the action and song for the letter that we have practiced at school and have them teach it you. • Practice printing the capital and lowercase letter 3 times each. • make the letter with their bodies. • Brainstorm things that start with the letter. Go on a hunt around your house or outside to search for things that begin with that letter <p>*Extra- have your child draw a few of the things they found that start with the letter</p> <p>*Extra- have your child complete the letter coloring sheet that was sent home and attempt to sound out the words.</p>	<p>Our students all learn at different rates. You may find that your child already knows most letters and sounds and can do these activities easily. However, for many of our students, remembering the name and sound of the letter can be tricky. Be patient with your child. Practice the sounds often but keep sessions brief to avoid frustration.</p>
Writing	<p>For our Ks, writing will mostly look like drawing pictures.</p> <ul style="list-style-type: none"> • Students can write about something that happened or create a story from their imagination <p>*Extra- Have your child label their pictures with the beginning sounds (ex. Write an S beside the sun)</p>	<ul style="list-style-type: none"> • Encourage your child to tell a story with their picture, rather than simply drawing something they see • Encourage your child to include more details • Have your child tell you about their picture • If you can, get outside and have your child draw about their experiences

Math

<i>Learning Activity</i>	<i>Instructions</i>	<i>Considerations</i>
Making patterns using different shapes and forms	<ul style="list-style-type: none"> ● Use blocks ● Use plasticine/playdough ● Household items ● Draw patterns ● Cut out shapes and arrange into patterns ● Use toys ● Use socks, mitts, hats ● Use buttons, coins ● Look up insects/animals and find the patterns on them 	<p>Play pattern games by starting the pattern and have children continue it. (ex. Toothpick, cotton ball, paper clip, toothpick, cotton ball, paper clip, what comes next?)</p> <ul style="list-style-type: none"> ● Ask questions about their patterns <ul style="list-style-type: none"> ○ What shapes did you use? ○ What colours did you use? <p>Do you see patterns around your house or outside?</p>
Number Recognition	<ul style="list-style-type: none"> ● Practice counting from 1 to 10 forward and backward ● Count collections of items at home or outside (buttons, beans, toothpicks, rocks, sticks etc) ● Write numbers 1-10 on sticky notes or cut up paper and have your child arrange the numbers in order. Remove a number and ask your child to identify the missing number ● Go on a number hunt around the house. Where can you find numbers? (ex. Clock, oven, thermostat, measuring cups) <p>*Extra- complete a math worksheet page</p>	<p>For some students this can be modified to work on numbers 1-5 If your child has a strong grasp of numbers 1-5, then move up 10, then up 20.</p>

Career/Social Emotional Learning

<i>Activity</i>	<i>Instructions</i>	<i>Considerations</i>
Feelings Reflection	<p>Keep a drawing journal about their feelings.</p> <ul style="list-style-type: none"> ● Daily they can write (with help from a parent) the word for how they are feeling (parents you can make a list of words and go over them with your child Ex: happy, sad, scared, angry, funny, silly, 	<p>We use the zones of regulation at school. Students can color what zone they are in today:</p> <ul style="list-style-type: none"> ● Blue= tired, sick, sad ● Green= happy, calm, content ● Yellow=silly, excited, anxious, frustrated

	tired, excited, kind) In their journals they can draw: <ul style="list-style-type: none"> Someone who brought them joy today Draw a picture of themselves and how they feel Draw pictures of their friends and family Something that makes them feel happy 	<ul style="list-style-type: none"> Red= Out of control, angry, terrified
Mindfulness/ Calm down strategies	<ul style="list-style-type: none"> practice different breathing strategies and calm down strategies Go Noodle has some great video exercises. Look under the SEL and Mindfulness category. Our students particularly love the kind wishes and melting video. 	<p>The Calm down strategy we use at school includes:</p> <ol style="list-style-type: none"> Find a place to sit down Take 5 deep breaths Count to 10 slowly Take a drink of water Talk about how you feel Return to work/play <p>Other calming activities include taking a walk outside, squishing play doh, coloring, etc</p>

Science

<i>Activity</i>	<i>Instructions</i>	<i>Considerations</i>
Learning about germs	How do germs get inside your body? How does hand sanitizer kill germs?	Just click on the link and watch the videos :)
Making Observations using senses	If you can, get outside! Go for a walk and encourage your child to use their 4 senses (we can skip taste) to make oral observations and draw about their experiences.	<ul style="list-style-type: none"> What can you feel? (wind, textures of items) What do you see? What can you smell? What do you hear? (ask your child to put on their deer ears) What sense do you think you use the most? Did you notice something that you haven't paid attention to before?

Social Studies

<i>Activity</i>	<i>Instructions</i>	<i>Considerations</i>

Name origin	<p>You can choose to show one of the videos or both</p> <ul style="list-style-type: none"> • Thunder Boy by Sherman Alexie (the kids have already seen this one but it's a good one) • Alma and How She Got Her Name by Juana Martinez-Neal <p>Have a discussion about your child's first name. Why did you choose their name? Have your child draw a picture of themselves and print their name.</p>	<p>Ask your child:</p> <ul style="list-style-type: none"> • What's something interesting about your name? • What do you like about your name? • If you could change your name, what would you call yourself?
Connecting to Family	<p>You can choose to show one of the videos or both</p> <ul style="list-style-type: none"> • A Family is a Family is a Family by Sara O'Leary • The Family Book By Todd Parr <p>Talk to your child about their family. Have your child draw/paint a picture of their family.</p>	<ul style="list-style-type: none"> • Who is in your family? • Do they all live in the same place? • Who lives in your house? • Do you have pets? • What makes a family a family? • What makes your family special? • What does your family like to do together?

Other- not required

<i>Activity</i>	<i>Instructions</i>
Khan Academy for kids	<p>If you are interested in some apps your child can use on a tablet I recommend the Khan Academy Kids app. It's free and can be used fairly independently by your child once set up. It covers a wide range of subjects from English Language Arts, Math, logical thinking and problem solving and social emotional learning.</p> <p>https://learn.khanacademy.org/khan-academy-kids/</p>
StarFall	<p>This website has interactive online reading and math activities It also has a collection of worksheets you can print off for your child to complete.</p> <p>https://www.starfall.com/h/index.php</p>
Doodles with Mo Williams	<p>We LOVE the Pigeon and Elephant and Piggie books in Ms. Leblanc's Kindergarten. You can learn how to draw the characters from the author, Mo Williams!</p> <p>https://youtu.be/MjaYnyCJDdU</p>

